

MBARE BNB¹ – SEPTEMBER 2021
(ZWL\$ BASED)

A. Essential Food Items:				
ITEM	Preferred brand	Unit available	Quantity	\$ZWL Cost
Mealie Meal	Red Seal (Roller meal)	20kg	2	3,099.96
Cooking oil	D'lite	2Ltrs	2	1,119.98
Beef	CSC/ Economy/ mixed	1kg	5	3,249.50
Chicken	Mixed portions	2kg	1	999.99
Beans	Sugar beans	500g	4	679.96
Fish	Fresh	1kg	4	2,639.96
Dried Fish (Matemba)	Kapenta	1kg	1	1,654.99
Salt	Pro-brands	2kg	1	119.99
Bread	Bakers Inn	1loaf	30	3,899.70
Drink	Mazoe orange crush	2 litres	2	851.98
Rice	Red seal / Mariana	2 kg	2	639.98
Eggs	Standard	1 crates	2	1,359.98
Sugar	Hullet (brown) sugar	2kg	2	659.98
Tea (leaves)	Stella	250g	4	559.96
Milk	Steri	500ml	12	1,319.88
Margarine	Buttercup	2kg	1	209.99
Onions	Onions	1kg	10	2,550.00
Tomatoes	Tomatoes	1kg	10	1,299.90
Vegetables (greens)	Rape	1kg	22.5	3,060.00
Sub-total				29,976.00
B. Essential Non-food items				

¹ The Basic Needs Basket (BNB) calculations are based on the prices tracking undertaken on the 30th of September, 2021 at OK Super and other shops, Mbare.

Washing soap	Green bar	1kg	5	974.95
Bathing soap	Geisha tablets	250g	5	649.95
Washing Powder	Omo	2kg	1	719.98
Toothpaste	Colgate	100ml	2	329.98
Sanitary pads	Farai	1 pack	3	275.97
Toilet paper	Softex	4 rolls	4	451.96
Candles	Candles	pack of 6	1	283.19
Matches	Lion	carton	1	68.79
Jelly	Vaseline	250ml	2	599.98
Sub-total				4,354.75
C. Rates and other essential services				
Water & Sanitation (medium cost - fixed)	Water	fixed		575.00
	Average usage/month	m3		565.00
	Sanitation (Sewage)	fixed		345.00
Monthly rent (4 roomed house)	Basic Accommodation	per room	4	16,000.00
Electricity	Average usage/month			1,600.00
Sub-total				19,085.00
Total Basic Needs Basket for MBARE				ZWL\$ 53,415.43